



CLEAN UP & PLAY

KOHIKOHI TAKARO

SKILL FOCUS

- Throwing
- Ground Fielding

COMPLEXITY



WHAT OTHER SKILLS COULD BE INVOLVED

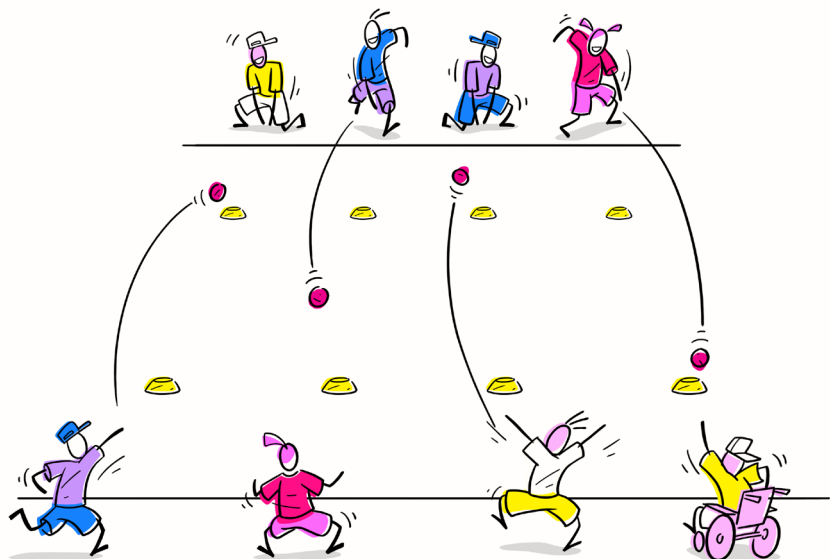
Movement – Catching, Underarm Throwing, Underarm Rolling & Perception Skills.



THINK QUICK — WHAT TO LOOK OUT FOR

- Encourage the Smashies to make quick decisions to return the ball.

SET UP



LET'S PLAY

- Create two equal teams facing each other, with a dividing zone in-between.
- Divide the rubbish (balls) between the two groups.
- The aim is to throw the rubbish onto the other team's side at any time.
- After a predetermined amount of time, the balls are counted to see who has the least.

EQUIPMENT



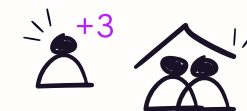
Cones, Balls (Small or Large).

TIME



10 minutes on activity.

SMASHIES GROUP



Small or large groups (split into 2 groups) or try it at home with someone.

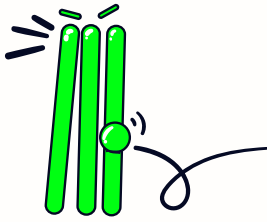
VALUES

(PROMPT THE SMASHIES)



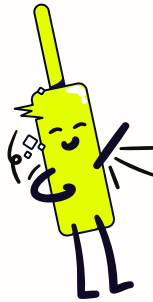
HONESTY PONO

How could the Smashies be honest when they play this game?



SUPPORT TAUTOKO

In what ways can Smashies support their partner or teammates when playing?



COOPERATION MAHI TAHI

How could Smashies work together when they play?



MIX IT UP

- ⊖ To start off call out a specific way to get the ball to the opposite side i.e. rolling on the ground to make it easy, then move on to under arm throwing then over arm throwing.
- ⊕ Introduce a bigger ball and place in the middle of the safe zone, the teams are to try and hit the ball, so it rolls over to the oppositions side.
- ⊕ Encourage teamwork by passing the ball around a set number of times amongst your team before you can throw it to the other side.

SMASH IT UP



Mission – Introduce targets in the dividing zone. If struck these allow for an **Extra Life** (additional balls to throw) or an **Energy Boost** (where a ball becomes untouchable and can't be thrown back).



Boss Battle – Smashies vs Activators / Coaches / Teachers / Parents.



Arena Mode – Dividing zone gets bigger or smaller as play progresses.

SMASHIES VALUES

(REFLECT WITH SMASHIES)

- What were some of the ways that your team cooperated today?
 - How did you show support for each other?
 - How were you honest in the game?



I did a good job of being cooperative / supportive / honest



I was OK



I wasn't cooperative / supportive / honest



FIND MORE INFO :)



DON'T FORGET TO ASK THE SMASHIES



- Reinforce the positive:
 - I Like the way you...*
- Where are you aiming your throws?
- What throws worked best for you?
- How did you stop the ball?