



# JUNK YARD SMASH

## HAUKURUTIA TE PARA

### SKILL FOCUS

- Batting

### COMPLEXITY



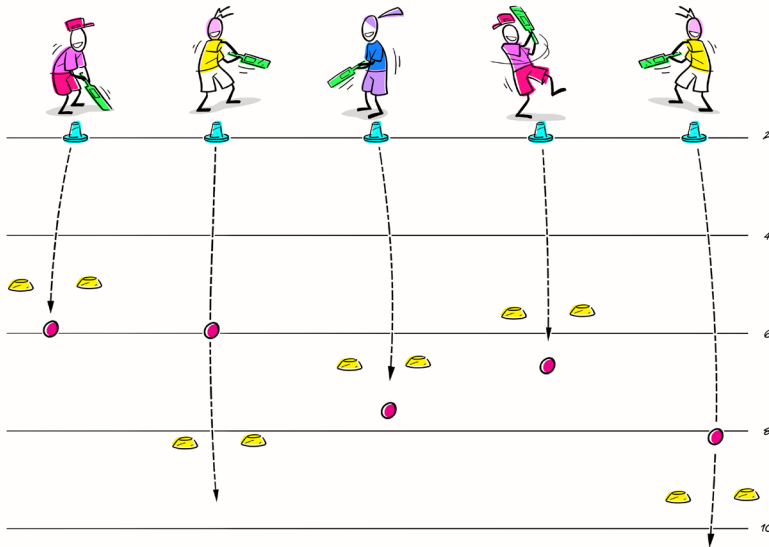
### WHAT OTHER SKILLS COULD BE INVOLVED

Movement – Running & Balance.

### THINK QUICK — WHAT TO LOOK OUT FOR

- Encourage Smashies to think about where they are aiming. What about the gate targets could help them focus.
- Encourage Smashies to say “BOUNCE” when the ball bounces and “HIT” when it hits the bat.
- Encourage Smashies to think about how to swing the bat through a full range of motion and how they hold it to help this happen.

## SET UP



\*Note: Gate targets can be created from any objects.

## LET'S PLAY

- Smashies have a bat (or racquet), a minimum of 2-3 balls and a batting tee each (the more balls the better). Smashies hit the ball through gate targets to score points.
- The number of Smashies hitting is only limited by the equipment (no fielders, everyone bats at the same time, then collects their number of balls).
- If there are a limited number of bats, Smashies can work in pairs with one as the supporter whilst the other hits.

### EQUIPMENT



Cones, Balls (Small or Large).  
Bats and Racquets. Tees.

### TIME



10M  
10 minutes on activity.

### SMASHIES GROUP



Small or large groups or try it at home with someone.

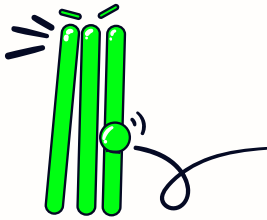
# VALUES

(PROMPT THE SMASHIES)



## HONESTY PONO

How could the Smashies be honest when they play this game?



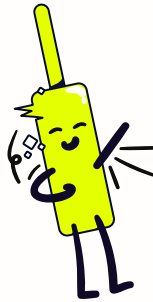
## SUPPORT TAUTOKO

In what ways can Smashies support their partner or teammates when playing?



## COOPERATION MAHI TAHI

How could Smashies work together when they play?



# MIX IT UP

- ⊖ Players hit the ball from the ground.
- ⊕ Encourage Smashies to hit in certain directions through targets (constraint shots).

# SMASH IT UP



Mission – Choose a mystery gate that creates an **Extra Life** (extra ball) for any Smashie that hits it through.



Boss Battle – Smashies vs Activators / Coaches / Teachers / Whānau.



Arena Mode – Make the arena smaller (remove gate targets) or bigger (add gate targets) as the game progresses.

# SMASHIES VALUES

(REFLECT WITH SMASHIES)

- What were some of the ways that your team cooperated today?
  - How did you show support for each other?
  - How were you honest in the game?



I did a good job of being cooperative / supportive / honest



I was OK



I wasn't cooperative / supportive / honest



FIND MORE INFO :)



## DON'T FORGET TO ASK THE SMASHIES



- Reinforce the positive: *I Like the way you...*
- How can you hit the ball to keep it along the ground?
- How can you hit the ball over a certain gate?
- How can you hit towards a certain target or zone?