



### SKILL FOCUS

- Running
- Perception Skills

### COMPLEXITY



### WHAT OTHER SKILLS COULD BE INVOLVED

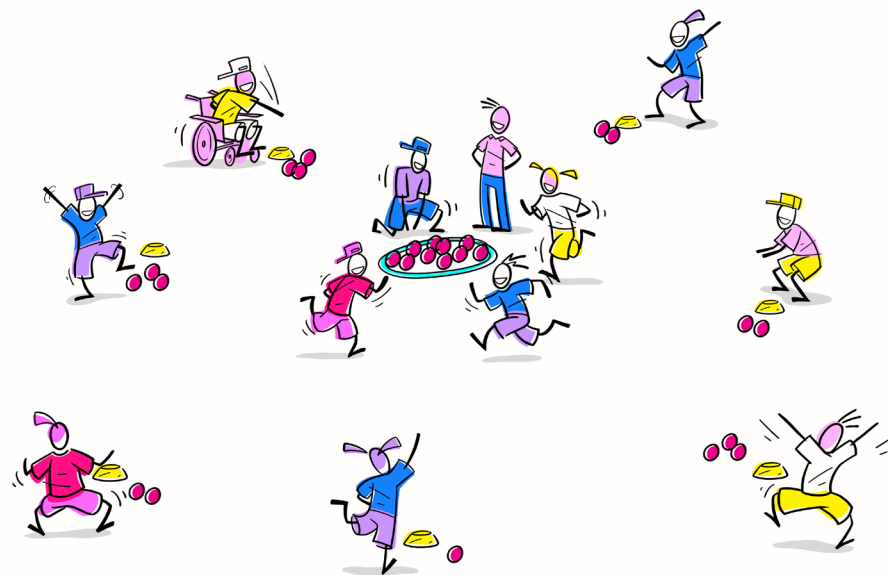
Underarm Rolling & Underarm Throwing.



### THINK QUICK — WHAT TO LOOK OUT FOR

- Encourage Smashies to get low when picking the ball up off the ground.

## SET UP



\*Note: Ensure the balls are spread out around the hoop to avoid collisions as the kids collect the balls. If group size is large have multiple nest's set up and have Smashies working in pairs.

## LET'S PLAY

- In small teams, one at a time, Smashies take turns to steal balls from the middle and return the ball to their cone.
- Once all balls from the middle are taken, teams can steal balls from other cones and return them to their cone.
- The team with the most balls at the end wins.

## EQUIPMENT



Cones, Balls (Small or Large).  
Extras - Hula Hoops.

## TIME



10 minutes on activity.

## SMASHIES GROUP



Larger Groups.

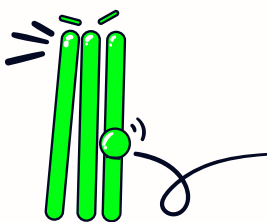
## VALUES

(PROMPT THE SMASHIES)



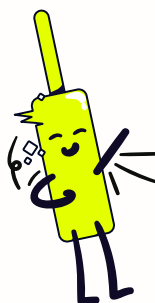
### HONESTY PONO

How could the Smashies be honest when they play this game?



### SUPPORT TAUTOKO

In what ways can Smashies support their partner or teammates when playing?



### COOPERATION MAHI TAHI

How could Smashies work together when they play?



## MIX IT UP

- ⊕ The Activator calls out a specific movement and all running Smashies must respond accordingly (running, hopping, jumping, bounding etc.)
- ⊕ Smashies take a ball from the nest and underarm roll, throw or bowl it back to their teammates in the nest.
- ⊕ Designate different points values to different balls/beanbags and watch the Smashies get more competitive and try to work out tactically which balls to take with their left hand or right hand.

## SMASH IT UP



Mission – Introduce a set number of different coloured balls. Each pair / team can try to collect all the balls of this colour. Once achieved the team receive an **Energy Boost** of extra points.



Boss Battle – Smashies vs Activators / Coaches / Teachers / Parents.



Arena Mode – Cones for each pair / team can be moved further away from the centre at any stage.

## SMASHIES VALUES

(REFLECT WITH SMASHIES)

- What were some of the ways that your team cooperated today?
  - How did you show support for each other?
  - How were you honest in the game?



I did a good job of being cooperative / supportive / honest



I was OK



I wasn't cooperative / supportive / honest



FIND MORE INFO :)



### DON'T FORGET TO ASK THE SMASHIES



- Reinforce the positive:  
*I Like the way you...*
- Get your body low when fielding the ball off the ground.
- What do you need to look out for?
- What can you do to get ready for the ball to be thrown or rolled back?