



JUNK YARD SMASH

HAUKURUTIA TE PARA

SKILL FOCUS

- Batting

COMPLEXITY



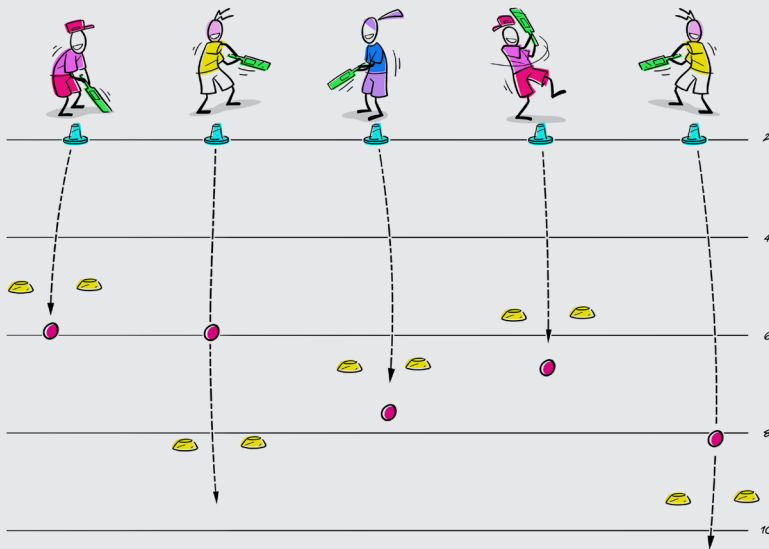
WHAT OTHER SKILLS COULD BE INVOLVED

Movement – Running & Balance.

THINK QUICK — WHAT TO LOOK OUT FOR

- Encourage Smashies to think about where they are aiming. What about the gate targets could help them focus.
- Encourage Smashies to say “BOUNCE” when the ball bounces and “HIT” when it hits the bat.
- Encourage Smashies to think about how to swing the bat through a full range of motion and how they hold it to help this happen.

SET UP



*Note: Gate targets can be created from any objects.

LET'S PLAY

- Smashies have a bat (or racquet), a minimum of 2-3 balls and a batting tee each (the more balls the better). Smashies hit the ball through gate targets to score points.
- The number of Smashies hitting is only limited by the equipment (no fielders, everyone bats at the same time, then collects their number of balls).
- If there are a limited number of bats, Smashies can work in pairs with one as the supporter whilst the other hits.

EQUIPMENT



Cones, Balls (Small or Large).
Bats and Racquets. Tees.

TIME



10M
10 minutes on activity.

SMASHIES GROUP



Small or large groups or try it at home with someone.

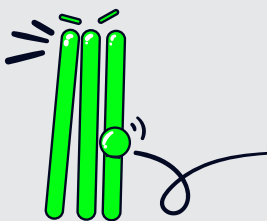
VALUES

(PROMPT THE SMASHIES)



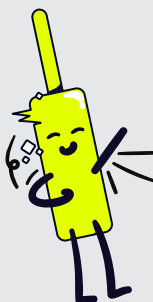
HONESTY PONO

How could the Smashies be honest when they play this game?



SUPPORT TAUTOKO

In what ways can Smashies support their partner or teammates when playing?



COOPERATION MAHI TAHI

How could Smashies work together when they play?



MIX IT UP

- ⊖ Players hit the ball from the ground.
- ⊕ Encourage Smashies to hit in certain directions through targets (constraint shots).

SMASH IT UP



Mission – Choose a mystery gate that creates an **Extra Life** (extra ball) for any Smashie that hits it through.



Boss Battle – Smashies vs Activators / Coaches / Teachers / Whānau.



Arena Mode – Make the arena smaller (remove gate targets) or bigger (add gate targets) as the game progresses.

SMASHIES VALUES

(REFLECT WITH SMASHIES)

- What were some of the ways that your team cooperated today?
 - How did you show support for each other?
 - How were you honest in the game?



I did a good job of being cooperative / supportive / honest



I was OK



I wasn't cooperative / supportive / honest



FIND MORE INFO :)



DON'T FORGET TO ASK THE SMASHIES



- Reinforce the positive:
 - I Like the way you...*
- How can you hit the ball to keep it along the ground?
- How can you hit the ball over a certain gate?
- How can you hit towards a certain target or zone?