



SUPER TCHOUK

KURU TCHOUK

SKILL FOCUS

- Throwing
- Catching

COMPLEXITY



WHAT OTHER SKILLS COULD BE INVOLVED

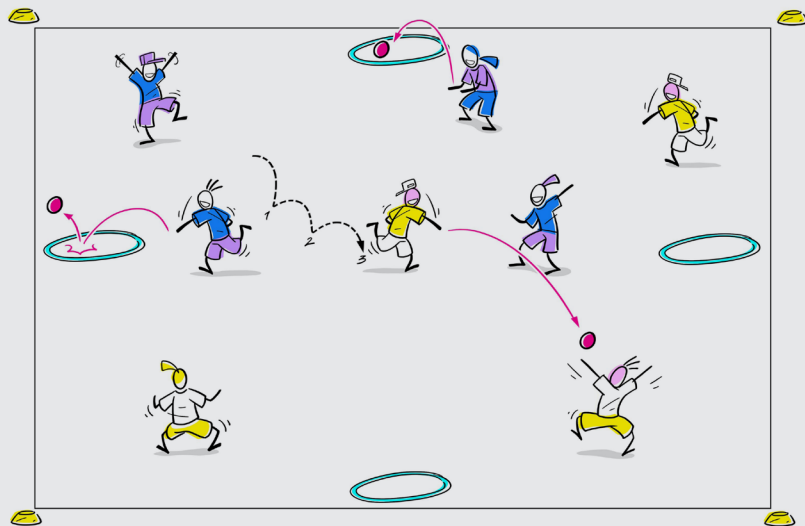
Running, Perception Skills & Decision Making.



THINK QUICK — WHAT TO LOOK OUT FOR

- Encourage Smashies to work together to problem-solve and make decisions.
- Encourage Smashies to think about how their team can score as many points as possible.

SET UP



*Note: End and side walls, crazy catches or hoops can be used as the rebounding objective on any side.

LET'S PLAY

- Split into teams of three or four Smashies (can have as many Smashie teams in the same arena as possible).
- There is no defending allowed but balls can be intercepted.
- Smashies can only move three steps with the ball before throwing to a teammate.
- A dropped catch is turned over to the nearest team who collects the ball.
- Points are scored if the ball is thrown against a crazy catch or into a hoop and a teammate catches the rebound.
- Any crazy catch or hoop can be scored from by any team.

EQUIPMENT



Cones, Balls (Small or Large).
Extras - Hula Hoops,
Crazy Catch/Rebounder.

TIME



10 minutes on activity.

SMASHIES GROUP



Small or large groups.

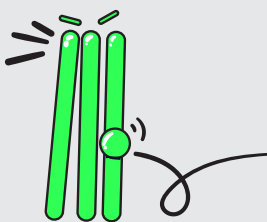
VALUES

(PROMPT THE SMASHIES)



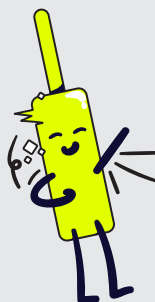
HONESTY PONO

How could the Smashies be honest when they play this game?



SUPPORT TAUTOKO

In what ways can Smashies support their partner or teammates when playing?



COOPERATION MAHI TAHI

How could Smashies work together when they play?



MIX IT UP

- ⊖ Throw the ball into the ground making it bounce first before your teammate catches it.
- ⊕ One-handed catches only.
- ⊕ If an opposition Smashie catches the ball from a hoop, that team can claim the point.
- ⊕ Multiple balls can be used on the same arena.

SMASH IT UP



Mission – If each Smashie team member touches the ball before a point is scored they receive an **Energy Boost**.



Boss Battle – Smashies vs Activator / Coach / Whānau / Teacher.



Arena Mode – Introduce a new hoop or crazy catch to be scored from.

SMASHIES VALUES

(REFLECT WITH SMASHIES)

- What were some of the ways that your team cooperated today?
 - How did you show support for each other?
 - How were you honest in the game?



I did a good job of being cooperative / supportive / honest



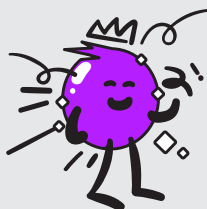
I was OK



I wasn't cooperative / supportive / honest



FIND MORE INFO :)



DON'T FORGET TO ASK THE SMASHIES



- Reinforce the positive:
I Like the way you...
- What can you do to get as many intercepts as possible?
- What does a really good catching position look like for catching the rebound?