



HIT, CATCH & PLAY

PATU, HOPU, TĀKARO

SKILL FOCUS

- Batting
- Catching

COMPLEXITY



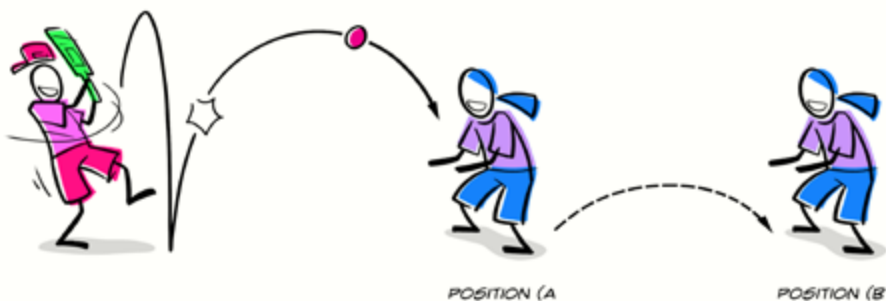
WHAT OTHER SKILLS COULD BE INVOLVED

Perception Skills & Underarm Throwing.

THINK QUICK — WHAT TO LOOK OUT FOR

- Encourage Smashies to say “BOUNCE” when the ball bounces and “HIT” when it hits the bat.
- Encourage Smashies to think about a bucket shape with their hands when catching.

SET UP



*Note: Ensure that the catcher is a safe distance initially from the batter (7-10 steps).

LET'S PLAY

- Smashie batter drops the ball and after it bounces hits it to their partner.
- A point is scored if the ball is caught cleanly.
- If the Smashie pair make 5 continuous catches, the catcher takes a step back.
- Catcher furthest back after set number of hits wins.

EQUIPMENT



Cones, Balls (Small or Large).
Bats or Racquets.

TIME



10 minutes on activity.

SMASHIES GROUP



Small or large groups (split into pairs or teams) or try it at home with someone.

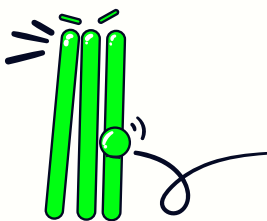
VALUES

(PROMPT THE SMASHIES)



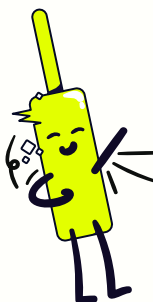
HONESTY PONO

How could the Smashies be honest when they play this game?



SUPPORT TAUTOKO

In what ways can Smashies support their partner or teammates when playing?



COOPERATION MAHI TAHI

How could Smashies work together when they play?

MIX IT UP

- ⊖ Use a wider implement (wider bat / racquet) or a larger ball.
- ⊕ The catcher throws the ball to the Smashie batter – to be hit on the bounce.

SMASH IT UP



Mission – **Energy Boost:** If a catch is made one-handed the Smashie can move back two steps.



Boss Battle – Smashies vs Activators / Coaches / Teachers / Whānau.



Arena Mode – Create an invisible forcefield between the Smashie batter and catcher. The batter has to hit the ball higher as the forcefield gets taller.

SMASHIES VALUES

(REFLECT WITH SMASHIES)

- What were some of the ways that your team cooperated today?
 - How did you show support for each other?
 - How were you honest in the game?



I did a good job of being cooperative / supportive / honest



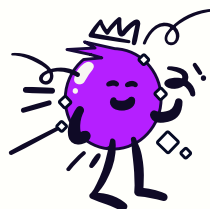
I was OK



I wasn't cooperative / supportive / honest



FIND MORE INFO :)



DON'T FORGET TO ASK THE SMASHIES



- Reinforce the positive:
I Like the way you...
- How could you stand when hitting the ball to your partner?
- What can you do when you hit to make the ball easier to catch?